



Winter Retreat 2018

Survival Packet



Dear Parents,

Your student's Winter Retreat Survival Pack has arrived. **PLEASE READ ITS CONTENTS CAREFULLY.** It contains all the information to help you prepare for this year's exciting Spring Hill retreat.

PERMISSION SLIPS: A valid Cornerstone permission slip must be on file in the youth office. They are found on the church website on the Student Ministries pages (<http://bit.ly/2yLINWs>). Please remember to click "Submit Form" to complete the submission process. In an effort to make the registration process easier for families, we no longer require permission slips to be notarized.

PACKING LIST: Please pay close attention to the items you **need** to bring and the items that **should not** be brought.

EXPECTATIONS: It is important that each student understand and follow the rules. The student will be sent home, at their parent's expense if they refuse to follow the rules. **Each parent and student are required to read and sign Cornerstone's Trip Policy Guideline and turn it in prior to each trip.**

MEDICATIONS FORM: If your student is bringing medications, please fill out the medications form. Put the medications and the form in a Ziploc plastic bag with the student's name on it and turn it in at the medications table at the time of check-in. **DO NOT SEND THIS FORM IN PRIOR TO DEPARTURE.**

CELL PHONES: Parents, we ask for your help as we create a good learning environment and a weekend where friendship and good conversation can take place. Please help your student understand they are able to bring their phone, but the main focus is to be present and alert to others and the teachings around them. If their phone usage becomes a problem, it will be confiscated and returned after the trip or retreat.

EMERGENCY INFORMATION: Eric Major 907-320-0065 **To be used only in an emergency!**

DEPARTURE INFORMATION: Check-in time on Friday, February 2 is from **2:30 -3:00** in the Celebration Center. **Please bring sack lunch and snacks for dinner on the bus!**

HOME ARRIVAL: We will arrive back to Cornerstone on Sunday, February 4 between 3:30 and 4:00pm.

Thank you for taking the time to prepare for this weekend. Please be in prayer for the students and leaders attending this retreat. If you have any questions or concerns, please contact the youth office at 810-494-4032.

Have you turned in:
FINAL BALANCE
ONLINE PERMISSION SLIP
ONLINE TRIP POLICY GUIDELINE

Final Balance, Trip Policy and permission slips due no later than February 1!

MY PACKING LIST

THINGS TO BRING:

******Sack lunch or dinner to eat on the bus-dinner is not provided******

2 pair of shoes (at least 1 pair of gym shoes, most activities require closed toed shoes)

Winter-outdoor clothing

Socks & extra socks

Gym clothing

Shower stuff

Sleeping Bag & Pillow (labeled with your name)

Towel

Flashlight

Money (for some activities, trading post, crafts)

Your Bible, notebook and pen

Extra, Empty trash bag for wet clothing

Warm clothes/Winter hat, snow boots, snow pants, gloves, etc.

THINGS TO LEAVE AT HOME:

Electronic Technology, iPad, and iPod

Homework and stress over school

Anything standing between you and what God has planned for you this weekend.

Cell Phones *(cell service is limited, and our tendency is to be distracted by our phones rather than engaged with those around us. We prefer and encourage you to leave your phone at home.)*

Student Meds Form

Student's Name: _____

Medication 1: _____

Dosage Requirements: _____

Time(s) to be given: _____

Possible Side Effects: _____

Medication 2: _____

Dosage Requirements: _____

Time(s) to be given: _____

Possible Side Effects: _____

Medication 3: _____

Dosage Requirements: _____

Time(s) to be given: _____

Possible Side Effects: _____

CSM employees and volunteers have my permission to administer the medications listed above to my child (named on this form) in the manor indicated on this form.

Parent/Guardian Signature

Date

(use more forms if necessary)

(PLEASE RETURN THIS FORM ALONG WITH MEDICATIONS IN ORIGINAL BOTTLE OR PACKAGING AT TIME OF DEPARTURE)