

move

June 17– 21st
2018

Survival
Packet

www.ciy.com/move/program-details

Dear Parents and Students,

Just a month left before we load up and head out to the CIY MOVE Conference (Christ In Youth). Students, I am excited for you to experience this retreat opportunity and I am looking forward to what God is going to bring us through the speakers and worship leaders. Parents, please join us in praying for the students who will be attending this conference-for safety, unity, friendships among our High School students, and for the speakers to communicate God's Word in a relevant, thought provoking and interactive way.

This is your Survival Packet. It includes a packing list, travel itinerary, trip expectations, and **med form**. If you have not completed an **online** Cornerstone Permission Slip and Trip Policy Form prior to receiving this letter, **please do so right away!**

Our departure day is **Sunday, June 17th**. Please meet in the Student Center at **12:00 pm**. Students, you will need a pack lunch or snacks for the bus ride. We will be checking in, loading luggage, having a brief meeting and then hitting the road. Our return date is **Thursday, June 21st**, and our estimated arrival time at the church is **10:00PM**.

As with all of our trips & retreats, students are asked to dress modestly . Please review the enclosed packing list which lists **MOVE's dress requirements**. Parents, please also review the **180 MOVE Cell Phone Policy** on the Packing List page with your student, discuss it, and make a decision together as to how you would like to approach this important issue.

Thank you for allowing your student to be a part of this trip. We are trusting God to do GREAT things!

Serving God, Serving Families,

Eric Major

All remaining forms, payments, and online Forms due by May 25th.

[These checklist items will be provided to you now via email]

_____Payment _____Online Trip Policy Form _____Online Permission Slip _____MOVE Health Form



Trip Expectations

While on a Cornerstone Student Ministries sponsored trip, each student will be expected to live according to the following expectations:

- Each student will show respect to each adult leader from Cornerstone
- Each student will follow the rules of the specific location of the trip.
- There will be no girls in guys rooms and no guys in girls rooms.
- Each student will be under the supervision of an adult leader.
- Each student will dress in an appropriate manner (Girls **NO** two-piece or revealing one-piece swim suits, Guys **NO** Speedos; **NO** T-shirts advertising alcohol, displaying sexual themes or other inappropriate material).
- Each student will honor the "In Room" and "Lights Out" times of each trip.
- Each student will leave all electronic entertainment devices at home (iPod, Ipad, etc.).
- There will be no illegal drugs or alcohol, nor sexually explicit material.
- Each student must refrain from using inappropriate language or gestures.
- Each student will respect the property of other trip participants.
- Students may not switch rooming or small group assignments without the permission of the trip leader.
- Students should always be with at least two other people, never walking alone or attending events on their own.
- Students will participate in all group and small group activities.

These guidelines give a broad outline of expected conduct for each trip a student may take with Cornerstone EPC. The adult leaders will be responsible for the specific rules for each trip. Therefore, each student must act in an obedient fashion towards their small group leader or any other leader from Cornerstone. If a student is not living according to these guidelines, disciplinary action may be taken by the adult leader(s). This action may include but is not limited to the dismissal of the student from the trip at the expense of the parent(s).

These guidelines are in place in order to ensure a positive experience for all trip participants. If you have any questions regarding these guidelines, please direct them to the Cornerstone EPC Student Ministry office prior to the departure of your trip.

MOVE Rules

1. Respect others and yourself.
2. No guys in girl's dorms beyond the front lobby and vice versa.
3. Alcohol, tobacco, drugs and weapons are absolutely prohibited.
4. Everyone must be in his or her dorm by the designated "In Dorm Time".
5. For security reasons, no students with backpacks are allowed into the auditorium or cafeteria.
6. Follow the schedule. Be where you're supposed to be when you're supposed to be there.
7. During sessions, stay in your assigned seating. Please follow the posted seating chart.
8. Do not leave the auditorium once the speakers begin talking.
9. Respect the campus- No TP, water balloons, shaving cream, sidewalk chalk, etc. No practical jokes.
10. *Do not move furniture! You will be charged by venue staff to move it back.*
11. Do not dial 911 unless it is a true emergency.
12. Absolutely no fireworks at any time during MOVE or while on campus property.
13. No deliveries of any kind to the campus.
14. Students may leave campus ONLY with adult supervision; those staying behind must have adult supervision present.
15. Follow the MOVE Dress Code.
16. Hazing will NOT be tolerated.

www.ciy.com/move/prep-for-trip

Packing List

Things to Bring:

1. Clothing:

Comfortable, causal clothes (see “What Not To Wear”)

Shorts (finger-tip length), t-shirts (no tank tops, camisoles or tight fitting tops)

Appropriate shoes (flip flops are fine, just bring other shoes for walking, or other activities)

2. Bedding: sleeping bag or sheets & pillow

(optional) Alarm clock

3. Shower stuff (including towels); toothbrush, toothpaste, and personal hygiene items

4. Pack lunch/snacks for Sunday on the road

5. **Bible**, notebook, pen, pencil, crayon, or something else that writes

6. Wednesday lunch money, +Spending Money for MOVE Gear, Souvenirs, snacks, etc.

(optional) Frisbee, basketball, volleyball, board games, card games, and other group activities for extended rec day at the park (label with your name)

7. **Positive attitude**—lots of energy!

Things to Leave at Home:

iPods, iPads (and all other MP3 players), other electronic devices

Magazines/Books

****Anything** that could be a **distraction** to what God might want to do during the week.**

180 MOVE Cell Phone Policy

Christ In Youth makes use of cell phone apps to enhance the student experience during the week of MOVE. Cell phones are therefore **permitted** on this trip for the MOVE app, photography, and contacting other members of the trip.

If a trip leader feels a student’s cell phone has become a **distraction** for them or others, or is being used inappropriately (e.g. playing inappropriate music), the phone will be confiscated until the end of the trip. Students should bring a **physical** Bible for sessions.

Parents, please discuss this with your student(s) and make a family decision. Eric will have his cell phone during the trip (as will the other leaders) if you need to get ahold of your student. His cell number is 907-320-0065.

If you have any questions on what to bring or not to bring,
please call Eric at (810) 494-4058

MOVE: What NOT to Wear!

SHORT SHORTS

SAGGING PANTS

BIKINIS

S'GETTI STRAPS

MINI SKIRTS

LOW CUT TOPS

A Few 180 Additions...

TANK TOPS

TIGHT FITTING TOPS

YOGA PANTS/LEGGINGS (WITHOUT COMPLETE REAR END COVERAGE)

When in doubt, Leave it out.

MOVE

Travel Agenda

Sunday, June 17th

12:00 pm	Meet in Student Center
12:45 pm	Departure time
5:00 pm	Arrive CIY MOVE
5:00 pm	Dinner

Thursday, June 21st

5:45 pm	Load and Depart (Dinner before we leave on campus)
10:00 pm	ETA -Arrive back at Cornerstone

PLEASE BRING MONEY FOR WEDNESDAY'S LUNCH

**We will walk to local restaurants
(So \$10-\$12 or so)**

(PLEASE RETURN THIS FORM ALONG WITH MEDICATIONS AT TIME OF DEPARTURE)

Cornerstone Youth Ministry Student Meds Form

Student's Name: _____

Medication 1: _____

Dosage Requirements: _____

Time(s) to be given: _____

Possible Side Effects: _____

Medication 2: _____

Dosage Requirements: _____

Time(s) to be given: _____

Possible Side

Effects: _____

Medication 3: _____

Dosage Requirements: _____

Time(s) to be given: _____

Possible Side

effects: _____

CSM employees and volunteers have my permission to administer the medications listed above to my child (named on this form) in the manor indicated on this form.

Parent/Guardian Signature

Date

(use more forms if necessary)

(PLEASE RETURN THIS FORM ALONG WITH MEDICATIONS AT TIME OF DEPARTURE)

MOVE: Weekly Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
TRAVEL TIME TO CEDARVILLE	7:15 AM - Breakfast	7:15 AM - Breakfast	7:15 AM - Breakfast	7:15 AM - Breakfast	
	8:15 AM - Adult Leader Meeting	8:15 AM - Adult Leader Meeting	8:15 AM - Adult Leader Meeting	8:15 AM - Adult Leader Meeting	
	8:30 AM - Doors Open	8:30 AM - Doors Open	8:30 AM - Morning Show	8:30 AM - Morning Show	
	8:45 AM - Morning Show	8:45 AM - Morning Show			
	9:00 AM - Morning Session	9:00 AM - Morning Session	9:00 AM - Morning Session	9:00 AM - Morning Session	
	10:00 AM - Encounter/Small Group Time	10:00 AM - Encounter/Small Group Time	9:45 AM - Encounter/Small Group Time	9:45 AM - Encounter/Small Group Time	
	12:00 PM - Lunch	12:00 PM - Lunch	12:00 PM - Extended Rec	12:00 PM - Lunch	
	1:30 PM - Electives	1:30 PM - Electives	YOUTH GROUP TIME	2:00 PM - Main Session	
	2:30 PM - Free Time	2:30 PM - Free Time			
	5:00 PM - Dinner	5:00 PM - Dinner	5:00 PM - Dinner	5:00 PM - Dinner	
	6:15 PM - Adult Leader Meeting	6:30 PM - Doors Open	6:30 PM - Doors Open	6:30 PM - Doors Open	5:45 PM - Leave
	6:45 PM - Student Only Session	7:00 PM - Evening Session	7:00 PM - Evening Session	7:00 PM - Evening Session	TRAVEL TIME TO HOME
	7:30 PM - Evening Session	9:30 PM - Youth Group Time	9:00 PM - Youth Group Time	9:30 PM - Youth Group Time	
	9:15 - Youth Group Time		10:00 PM - The Alternative		
11:15 PM - In Dorms	11:15 PM - In Dorms	11:15 PM - In Dorms	11:15 PM - In Dorms		

