

Cornerstone Thunder

2017-18 Parent/Athlete

Handbook



Cornerstone Christian School
9455 Hilton Road
Brighton, Michigan 48114
810-494-4040

Athletic Director: Mrs. Cori Kurncz
Principal: Mrs. Sandra Nettleingham
Head of School: Dr. Hunt



Eligibility to play:

1. 'C' or higher in each class. Teachers will check eligibility every week with the weekly progress report. If a grade falls below this level -- the athlete will participate in practice and attend games cheering on teammates; however, he/she cannot participate in any games/meets for one week. Every week thereafter, the athlete's progress will be checked. If the student's grade is brought up to a 'C' or higher, the student will be eligible for full reinstatement.
2. Have all paperwork signed and returned to coach or office.
3. Dress appropriately for the sport.
4. Arrive on time.

Fund-Raising Guidelines and Procedures

Both the school and church board must approve fund-raisers. We currently have approval to conduct concessions at home basketball and volleyball games.

CORNERSTONE CHRISTIAN SCHOOL
PRE-PARTICIPATION SCHOOL PHYSICAL EXAMINATION
 Physicals must be updated every year for the next school year on or after April 15.

Name _____ Address _____

Home Phone _____ Emergency Phone _____ Age _____ Grade _____

Date of Birth _____ Place of Birth _____ Sex _____

 Name of Parent or Guardian Physician Name

CIRCLE IF YOU HAVE HAD ANY OF THE FOLLOWING:

- | | | |
|---|---|--|
| Drug Allergies: _____
Current Medications: _____
1. Eye Injury/Disease
2. Ear Surgery
3. Mastoid Surgery
4. Frequent Sore Throat
5. Fainting or Dizzy Spells
6. Convulsions
7. Rheumatic Fever
8. Heart Disease
9. Diabetes | 12. High Blood Pressure
13. Eye Surgery
14. Chronic Cough
15. Asthma
16. Collapsed Lung
17. Lung Disease
18. Hepatitis
19. Infectious Mono.
20. Peptic Ulcer
21. Appendectomy
22. Hernia
23. Hernia Repair
24. Kidney Trouble | 25. Testicle Operation
26. Broken Bones: _____
27. Heat Illness
28. Last Menstrual Period: _____
29. Back Problem
30. Severe Headaches
31. Head Injuries
32. Neck Injuries
33. Other Bone or Joint Injuries: _____ |
|---|---|--|

PHYSICIAN TO COMPLETE THIS PORTION

Physician comments on history items circled above: _____

Height: _____ Weight: _____ Eyes (R): _____ (L): _____

Blood Pressure: _____ Pulse: _____

Circle number if abnormal and explain below: _____

- | | | | | |
|----------|------------|--------------|------------------|-----------------------|
| 1. HEENT | 4. Lung | 7. Hernia | 10. Pilonidal | 13. Upper Extremities |
| 2. Teeth | 5. Heart | 8. Genitalia | 11. Lymph Glands | 14. Lower Extremities |
| 3. Chest | 6. Abdomen | 9. Skin | 12. Back & Neck | |

Physician comments on circled items: _____

THE ABOVE STUDENT IS PHYSICALLY ABLE TO PARTICIPATE IN THE SPORTS CHECKED BELOW:

- | | | | |
|---------------------|------------------|------------------|------------------|
| _____ All | _____ Equestrian | _____ Pom-Pon | _____ Tennis |
| _____ Baseball | _____ Football | _____ Soccer | _____ Skiing |
| _____ Basketball | Golf | _____ Gymnastics | _____ Softball |
| _____ Cheerleading | _____ Hockey | _____ Swimming | _____ Track |
| _____ Cross Country | | | _____ Volleyball |
| | | | _____ Wrestling |

DATE: _____ SIGNED: _____
 Physician's Signature



Cornerstone Athlete Code of Conduct

(In addition to the league code of conduct)

- 1. Display a Christ-like manner.*
- 2. Strive to maintain a strong academic standing.*
- 3. Be committed for the entire season.*
- 4. Arrive to practice and games on time.*
- 5. Be a role model to all students before, after, and during school.*
- 6. Put team goals ahead of personal goals.*
- 7. Maintain a positive attitude at all times.*
- 8. Work hard to encourage your teammates.*
- 9. Call the coach in advance to report any absences.*
- 10. Regularly attend all practices and games. Students will not be allowed to practice or play in any game, contest, or event if absent for any part of the day of the event, unless excused by administration.*
- 11. Return uniforms in a timely manner.*
- 12. If a player is ineligible due to grades — they may practice during that particular week. However, while encouraged to attend any games and cheer on his or her team, participation in games is not allowed. Players should attend all team events when ineligible, unless excused by administration.*



Revised Policy And Priorities Regarding Participation In CCS Sports Teams (Approved 3/3/15)

1. The mission of CCS is to prepare children to glorify God as ambassadors of Jesus Christ. We attempt to do that by providing a Biblical foundation, Christian values and relationships and a challenging academic program.
2. Our sports programs exist to serve and enhance the mission of CCS by providing additional opportunities for our students to further integrate, apply and model what they are learning through the vehicle of competitive team sports.
3. In keeping with the mission of CCS, Christian character development is a key priority in all our sports programs, both at an individual level and collectively as a team. While winning is always a desired outcome in any athletic competition, winning is not the ultimate goal or primary purpose of our sports programs – Christian character development and maturity is.
4. As such CCS does not hold tryouts or “cut” students who desire to participate in our sports teams.
5. At the Junior Varsity level our sports teams are understood to provide an entry level for our students and be instructional in nature.
 - a. As such, coaches are to make a good faith effort to ensure that all team members gain some playing time in every scheduled game during the season.
 - b. Such a good faith effort however, does not require a coach to make sure that every member of their team receives an equal number of minutes in any given game.
6. At the Varsity level, while coaches are encouraged to make a reasonable good faith effort at including as many team members as possible, there are no guarantees that each and every student on the team will be given playing time during scheduled games and / or tournaments.

MMIAA League Sportsmanship/Code of Conduct

Athletic Directors

- * Implement a program for teaching and promoting sportsmanship.
- * Provide appropriate supervisory personnel for each interscholastic event.
- * Attend events, whenever possible.
- * If an athletic director cannot attend his or her home game, he or she must designate a suitable replacement and report it to the opposing school and/or league.
- * Implement a crowd-control plan for both home and away games.
- * Actively discourage undesirable conduct by participants, coaches and fans.
- * Follow all league rules as written.
- * League rule sheets and the sportsmanship code of conduct are to be available on all score tables.
- * Discuss inter-league sportsmanship issues by phone call or in person -- with the appropriate athletic director.
- * Apply sportsmanship policies/rules equitably at all times.
- * Communicate resolutions of any issues to opposing team athletic director and/or the league.

Coaches

- * Know and follow the MMIAA Rules for all sports contests.
- * Accept the decisions of contest officials.
- * Maintain excellent sportsmanship at all times.
- * Model by example through action and instruction.
- * Refrain from any offensive gestures or language.
- * Display modesty in victory and graciousness in defeat.
- * Avoid public criticism of game officials.
- * Teach sportsmanship and reward/acknowledge players who display good sportsmanship.
- * Provide instructions, training, and motivation without put-downs and/or the use of abusive language.
- * Educate and sensitize themselves to cultural differences, gender equity, and disability issues.

Student Athletes

- * Show respect at all times for coaches, opponents, game officials, and spectators.
- * Adhere to the rules of the game.
- * Accept the decisions of contest officials.
- * Refrain from any offensive gestures or language.
- * Display modesty in victory and graciousness in defeat.
- * Show respect for public property and equipment -- at both home and away events.
- * Know there is zero tolerance for any drug and/or alcohol use.
- * Remember that the value of a human being is more important than winning.
- * Treat the sporting event as a game not a war.
- * Maintain the above standards of behavior, at all times, on and off the court.

Spectators

- * Let the coach do the coaching.
- * Let the referee do the officiating.
- * Cheer for your team not against the other team.
- * Show respect for public property and equipment -- at both home and away events.
- * Only athletes, coaches, and authorized personal are allowed on the playing fields/ courts.
- * Refrain from any offensive gestures or language.
- * Take any complaint to the appropriate person in chain of command (follow your school policy as to the sequence of your chain of command).

Officials

- * Manage spectators for poor behavior.
- * Manage the flow of the game while still calling a fair game.
- * Remain neutral at all times.
- * Do not engage in any arguments.
- * If you are a sub accept that there may be a delay in receiving payment.