



## KNOW GOD

*Read Psalm 23: 1-3. Describe how God acts as your shepherd. How does God restore our soul? Describe the path of righteousness as opposed to the path self-improvement.*

*Read Proverbs 29:17 and Isaiah 57:2. What is the relationship between discipline and rest? What does the Bible mean by "rest?"*

*Read Acts 5:32. How does God lead a believer? What is the connection between being led by God and obedience? Describe ways that we can disobey God and the effects of that disobedience.*

## KNOW SELF

*Read Psalm 23:4. What is the shadow of death? Describe some of the ways death affect us.*

*How does God protect us from evil? What are some of the ways fear control us?*

*What are some of the ways God's presence liberates us from fear?  
What is the relationship between God's rod and staff and God's presence and comfort?*

## KNOW OTHERS

*Read Psalm 23:5-6. What makes something our enemy? Name some enemies and why they are enemies.*

*What future do enemies of God have? How should this certainty affect our thinking and behavior?*

*Read Luke 22:42. How is the "cup" of an obedient believer better than a disobedient person's "cup?" What are some of the ways we can describe God's "cup" to unbelievers? Why is the "cup" of the Father worth the cost?*